

KCISD School Health Advisory Council Meeting Minutes

September 20, 2023

Members present at meeting: Chief Officer Police- R. Salas, Scott Kotara- Senior SRO for KCISD, Trey Martin- Child Nutrition Director, Nurse Bluhm RN, Mike Sandroussi- Secondary Asst. Principal, Frances Erlich- RAMPED- Social Worker director, Allison Rudolph- parent, Molly Kollodziej- ACE Coordinator, Amanda Segura- DSHS- parent, Heather Aguilar- DSHS- parent, Jo Ann Gutierrez, Patricia Huber- RAMPED- Counselor Supervisor; Jennifer Foster- RES Principal, Rita Jordan- community member- per phone conference

- 1) Programs available in the school district servicing students/parents: **ACE** program- Molly spoke provide- services for KCP, RES, JH and 4 other sites. Services include nutrition-snack, academic enrichment, tutorials, social emotional needs of learning. **RAMPED**- Frances Erlich- spoke- Rural Area Mental Health Professional Enhancement and Development- purpose- provide increased numbers of mental health professionals in our school district, improve school climate on each campus- professional development, improve parental involvement and increase student academic achievement. Partnered with 5 Universities- graduate students will intern at school districts here majoring in school counseling, social work and school psychology. At present time- Our Lady of the Lake University and Lamar will be sending interns. **FSCS**- Full Service Community School grant- Molly talked about the program provides basic needs of student- food pantry, clothing, SA Food Bank food bags and college career awareness, counselors and case managers. **Positive Action**- Alma Lopez not able to present- provides instruction to different campuses on Tobacco, Vaping, Drug avoidance. Does touch on Opioids abuse. Campuses to be determined.
- 2) Health and safe school environment: communicable disease- discussion on COVID and no new guidance from TEA. Being treated like the flu. Clinics/ Dr.s offices handle case by case differently. Health Department going by CDC guidelines. Also, Flu and Strep cases are on the rise. **NARCAN** policy- policy to be in place by Jan. 2024. SRO Kotara states that all SROs are carrying Narcan on them. It was decided that Narcan should be available on all campuses. Storage for Narcan was up for discussion and decided to have

school directors look into it. Also, who will be trained in administering Narcan. **SAFETY TRAININGS-** Stop the Bleed- skills check off annual training for staff. Jo Ann looking at January 3rd. Requirement for students 6th to 12th- video mandated, skills check off is not. Nurse Bluhm and others feel students need the skills check off portion also. Officer Kotara is available to assist with that. When this will be offered, is to be determined.

- 3) **Cafeteria NEWS-** Trey- Oct. Farm fresh challenge- use fresh vegetables/fruits -within a 75 mile radius, which KCISD already does. Will be discussing Thanksgiving meals happening on campuses at directors meeting tomorrow. Also, Trey discussed NSLP school breakfast program that we offer.
- 4) **Immunization program-** Nurse Bluhm informed members of Immunization audit will be performed this year from anytime Sept. thru May by the state. With our virtual school had year having many students delinquent in shots, that is why the audit is being done. Nurse Bluhm also discussed the difficulties this school year with students coming from different countries and getting catch up immunizations scheduled provided for the students. Also, setting up health step check ups for these students.
- 5) **SHARE Curriculum program-** SB 9 and Human Sexuality, prevention of child abuse, family violence, teen dating violence and sex trafficking all are covered in the SHARE curriculum. Jo Ann will be looking into when this curriculum can be provided for our students. This is an Opt in program.
- 6) **WELLNESS ACTIVITIES-** School employee wellness and student/parent activities. Amanda discussed AgriLife- Walk Across Texas and It's Time Texas programs. These are **free** wellness opportunities. Both programs have QR scan codes and can be used. RES campus did weight loss challenge. Mrs. Foster talked about pairing up with American Heart Ass. as they did last year, – challenges on App for all RES students, learned first aid procedures even hands on CPR. Mrs. Foster was slimed last year and will pair again this year.
- 7) Other- Patricia with RAMPED- Wellness activities- working with the Chamber sponsoring the Trick or Treat event, hosting along a Mental health event- handing out mental health awareness materials, candy, safety information for families and needing others to sign for a booth to promote health and wellness. Self- care activities- challenge monthly. Need to take

care of our staff mental health. Mrs. Foster added that her campus is participating in the challenge.

Parent verbalized concern about not using lockers in JH. Concern of student backpacks with all they put in them. Secondary Asst. Principal will check with JH Principal about the issue. Discuss about the use of lockers.

No other discussion from members. Next meeting will be November 15th, at 4:00 pm. Meeting adjourned at 4:52pm.